

**SECTION VIII WRESTLING
ALIGNMENT 2010-2011**

CONFERENCE 1A	CONFERENCE 2A	CONFERENCE 3A	CONFERENCE 4A
Massapequa	Long Beach	Wantagh	Seaford
Uniondale	Macarthur	Plainedge	Island Trees
Sewanhaka East	Calhoun	Division	North Shore
Freeport	Herricks	Hewlett	Clarke
Syosset	Port Washington	Roslyn	Valley Stream North
Sewanhaka West	Valley Stream Central	Southside	Mineola
	Plainview		Manhasset
CONFERENCE 1B	CONFERENCE 2B	CONFERENCE 3B	CONFERENCE 4B
East Meadow	Garden City	Lynbrook	Locust Valley
Farmingdale	Bellmore	Bethpage	Oyster Bay
Baldwin	Mepham	Lawrence	Cold Spring Harbor
Hicksville	Westbury	Glen Cove	Carle Place
Oceanside	Jericho	Great Neck North	Wheatley
Hempstead	Great Neck South	Valley Stream South	Roosevelt