



Nassau County Girls Wrestling Championships

Sunday February 1, 2026

Long Beach High School

EVENT SCHEDULE

9:00am	Doors Open for Spectators
8:00am-9:00am	Weigh-Ins
10:00am	Preliminary Rounds and Wrestlebacks
2:00pm	Semifinals Consi Semifinals 3rd Place/5th Place Matches
4:30pm	Finalist Introductions and Finals (1 Mat)
5:45pm	Awards Ceremonies
6:30pm	True 2nd Place Matches

TO PURCHASE TICKETS ONLINE GO TO:

<https://gofan.co/event/5989454?schoolId=NYSPHSAA8>

Team Seating: Wrestlers who are not wrestling or warming up must remain in the bleachers.

Spectator Seating: All spectators must be seated in the bleachers. No one will be permitted in or near the mat area.