



11th Annual Bald and Fat Classic

A fast paced, high energy, non-stop wrestling tournament for real men who've passed their prime and have a hard time getting out of bed in the morning. Proceeds benefit the Hampton Bays Wrestling Program.

Saturday, April 22nd, 2023

Long Island NY Event

Tournament site: Hampton Bays Middle School, 70 Ponquogue Ave, Hampton Bays, NY 11946
Starting Time: 10 am.
Weigh Ins: Friday night 4/21/2023 6pm – 7:30pm
Saturday morning 4/22/2023 7:15am – 8:00am (No weigh-ins after 8am)
Awards: 1st -4th place in each bracket

Rules: All wrestlers must be a minimum of 18 years old and not currently competing in the Olympics or on an Olympic team. Must have birth certificate available for challenges! There is no weight allowance and singlets are preferred but not mandatory. No T-shirts and basketball shorts allowed, you must wear wrestling shoes and have tight fitting apparel, similar to Under Armor if you are not wearing a singlet! This is simply a fun tournament for grown men to have a good time and raise money for a good cause...the sport of wrestling!

This is a Double Elimination Tournament!! Guaranteed 2 matches, even if you're awful!!

Joan of Arc, Past My Prime, Dead & Fully Decomposed Divisions

Bout times 1 -1 -1

Tommy Toughnuts Bout times 2 – 2 – 2

Weight Classes 140, 150, 160, 170, 185, 200, 220, 250, HWT

Weight classes can be combined. OT is 1 min sudden death followed by 1 ultimate ride out.

Matches will be officiated by experienced wrestlers and coaches, there will be no challenging the officials' calls! Good sportsmanship is one of our goals.

AGAIN THIS YEAR We will have team awards for the 1st and 2nd place teams. (if the minimum number of wrestlers and teams is met) Wrestlers can form teams with the following rules: maximum 9 wrestlers per team, all wrestlers must have either wrestled at the school they are representing, or must coach at the school, or must have conceived a wrestler currently wrestling for that school. Varsity sweaters, class rings, yearbooks, report cards, etc. can be used as proof if your team is challenged. **NO ALL-STAR TEAMS!** Winner will be decided by Team with the most amount of team points. You must register with your team when you register, **ALL TEAM ROSTERS** must be submitted by team captain by 4/21/23 at 12 noon.

AND...we have 5 Divisions this year, Past my Prime 25 - 35 years, Dead 36 – 45 years, Fully Decomposed 46 – 80 yrs., Tommy Toughnuts 18 - ??(open) and again this year our ladies division Joan of Arc! See our website at baldandfatclassic.com for all details, rules and regulations, format and pics from previous years!

REGISTRATION IS ONLINE ONLY...GO TO baldandfatclassic.com and click on the TOURNAMENTS TAB to view local event details and CLICK the RED REGISTER NOW button to get registered!!!

Entry Fee: Online \$35.00 registration fee must be received by 5 pm on April 21th, 2023.

Pre-registered, PAID wrestlers may weigh in Friday night or Saturday morning, your choice!!

***All checks payable to B&FC - Walk-ins can pay \$40 Cash Only at door Fri night & Sat Morning**

Admission: Adult \$8. Student \$4. Coaches must pay too, give me a break. **Contact Joe Musti w/ questions**

Joemusti@gmail.com 717-817-3522 cell OR CHECK OUT baldandfatclassic.com

THIS EVENT WILL FOLLOW ALL CURRENT CDC AND NY STATE HEALTH DEPT. COVID GUIDELINES