

THE "Girls" of NYS
WRESTLING Showcase

DATE: Saturday, March 3, 2012
WHERE: WARSAW HIGH SCHOOL
81 West Court Street, Warsaw NY, 14569
ENTRY FEE: \$20 PRE REGISTER ONLY (WALK INS! are \$30)
CHECKS PAYABLE TO Warsaw Wrestling Boosters
MAIL TO: Robert Hirsch
81 West Court Street, Warsaw NY 14569
DUE DATE: ENTREES MUST BE RECEIVED BY *February 29TH*
WEIGH INS: HONOR WEIGH-INS WITH WEIGHT CHECK
DIVISIONS: Beginners K- 3 Elementary 4 – 6
JR High 7-9 High School 10 - 12
FORMAT: ROUND ROBIN 5 - 6 Girls
SCHEDULE: WRESTLERS TO CHECK IN 9-9:30AM
WRESTLING STARTS AT 10AM
RULES: BOUTS 1-1-1,:45 SUDDEN VICTORY OVERTIME
FOLLOWED BY :30 ULTIMATE OVERTIME IF NEEDED
NYS High School rules for JR high and HS Divisions
CONCESSIONS: FOOD AND DRINKS WILL BE AVAILABLE
QUESTIONS: CONTACT NYS Woman's Coordinator Robert Hirsch
716-697-2402 or rhirsch@warsaw.k12.ny.us

I understand that wrestling is a physical contact sport. In consideration of your acceptance of my entry, I intend to be legally bound hereby for myself, my heirs, and assigns and waive any and all claims to damages, which I have against the Warsaw Wrestling Boosters (parents), The Warsaw Central School District and anyone involved in the Warsaw Wrestling Club.

Division: _____ **YEARS EXPERIENCE** _____
SCHOOL/CLUB _____
NAME _____
PARENT/GUARDIAN SIGNATURE _____
PHONE _____
WEIGHT _____

NY State Woman Wrestlers,

I would like to promote a tournament in order to recruit girls for our N.Y.S. Team and to put together a team for the USAW Girls Folk-style National Championships, National Folk-style Duals & University National Championships. In 2011 New York was able to put together one of the best teams in the history of NY Woman's Wrestling, after an outstanding All-American finish we are back to accomplish even more! Starting in March we will be gearing up to showcase the ladies of New York and start to build our team to go to Oklahoma March 23 – 25. This is an individual and a team tournament. There will also be a dual meet on the 25th.

I could not have asked for more from our New York Wrestlers last year. Every year I am inspired to be a better coach by the girls of New York. The inspirational stories of the girls should be written down somewhere and shared to the world to provide inspiration to other female wrestlers. Please be a part of the inspiration. **Many of the girls that placed last year were experiencing their first National Tournament. If you have any interest at all contact Coach Robert Hirsch, New York State Woman's Coordinator at:**

Rhirsch@warsaw.k12.ny.us

Or call

716-697-2402

Go Team NY!



Not all but some other events Coming soon!

- **Mohawk Valley Wrestling Club - 30th Anniversary International Wrestling Festival March 16,17, 2012 in Canastota**
- **May 11th – 13th Body Bar Women's National Championships Lakeland, FL**

- **July 13th - 19th ASICS/Vaughan Junior & Cadet National Championships**