

10th Annual Hudson Valley Challenge

Sunday October 9, 2011

**At Port Jervis High School,
10 Route 209, Port Jervis, NY 12771**



Weigh-ins and Technical Clinic Featuring

Joe Heskett



**Army Head Coach, West Point
Saturday, October 8, 2011
5:00 – 8 PM**

ONLINE Registration

BEFORE 10/8 = \$25 Walk-ins \$30

Division	Weigh In	Approx. Wrestling Start Time
All	Saturday, 5:00 – 7:00 PM	
Elem & Middle	Sunday, 7:00 – 8:00 AM	9:00 AM
Sr. High	Sunday, 8:00 – 9:00 AM	11:00 AM

For More Information: **Gary Rissler** grissler@hvc.rr.com 845-978-3344

Division	Bout Length	Grade	Weights
Elem. 1	3 - 1 min. periods	3 rd and under	Madison Wt. System
Elem. 2	3 - 1 min. periods	4 th – 6 th	Madison Wt. System
Middle Sch	3 - 1 min. periods	7 th - 8 th	Madison Wt. System
High School	1 - 1 min. period & 2 - 2 min. periods	9 th - 12 th	99-106-113-120-126-132-138-145- 152-160-170-182-195-220-285

**SPACE FOR CLINIC IS LIMITED
TO REGISTER FOR CLINIC AND/OR TOURNAMENT GO TO:
<http://easternstates.ticketleap.com/hudson-valley-challenge-wrestling-tournament--clinic/>**