

# 2010 Nassau County Youth Wrestling Championships

Sunday, January 24, 2010 at W.T. Clarke H.S.  
740 Edgewood Drive Westbury, 11590

## **Qualifier for the 2010 New York State Championships**

*Top 6 place winners per weight class advance to NYS Championships*

Tournament Director: Mike Leonard ( 516 ) 297-3876

### Divisions by year of birth and weight classes:

Bantam	2002-2003	40/ 45/ 50/ 55/ 60/ 65/ 70/ 75/ 75plus (75 plus 15lbs + Max difference.)
Intermediate	2000-2001	50/ 55/ 60/ 65/ 70/ 75/ 80/ 87/ 95/ 103/ 112/ 120 / (120 plus 20lbs + Max difference.)
Novice	1998-1999	60/ 65/ 70/75/ 80/ 85/ 90/ 95/ 100/ 105/ 112/ 120/ 130/ 140 / (140 plus 25lbs+ Max difference.)
Schoolboy	1996-1997	70/ 77/ 84/91/ 98/ 105/ 112/ 120/ 128/ 136/ 144/ 152/ 160/ 190/ 210/ 205/ 285

### MUST MAKE EXACT WEIGHT – NO WEIGHT ALLOWANCES

Note: If you do not make the weight that you qualified at the County Tournament, you can not move up a weight class at N.Y. tournament.

### General Information

.Wrestlers must be current Nassau County residents only.

⇒ Entry fee - \$30 NO REFUNDS make check payable to Rams Wrestling Club.

⇒ **STAGGERED START TIMES** Bantams and School Boy 7:30 am check in.

– Midget and Novice 11:30 am check in. To check in all you have do is make sure your name is in the correct brackets posted on the walls. If you have a problem contact the head table.

⇒ Entrance to the tournament will be on the west side of the school.

### Registration and Weigh In:

Where: W.T Clarke H.S.

When: Saturday, January 23 ,2010

Time: 9:00am - 10:00am for Midget and Schoolboy  
10:00am - 11:00am for Intermediate and Novice

Who: Nassau County Residents Only All Wrestlers

Fee: \$30 **Rams Wrestling Club**.

- Every wrestler needs to have a current USA card to wrestle.
- Advance registration at weigh- ins only. **ABSOLUTELY NO WALK-INS**.
- Please Note:** at weigh in you will need, entry form, fee, USA card, copy of birth certificate, proof of residence.

### Directions:

Location: W.T . Clarke HS

Directions: Old Country Road to Washington Ave. Go right on Myron Ave. And left on Edgewood Drive ( go all the way int back of the school use the second parking lot entrance)

### Tournament Rules:

1. USA WRESTLING sanctions this event and competitors must present a USA card to participate.
2. ONLY coaches with USA Cards will permitted on mats. 2 coaches per corner.
3. Folk-style, New York State rules. Bout times Bantams & Midgets 1 – 1 – 1.  
School Boy & Novice 1 – 1.5 – 1.5, Overtime: sudden death.
4. Headgear, Singlet or gym shorts, wrestling shoes or sneakers required.
5. NO FOOD OR DRINK ALLOWED IN GYM.
6. Not responsible for lost or stolen items.
7. We will try to give each wrestler 2 matches no guarantees.

### **Wrestlers must be at W.T. Clarke H.S.**

**When:** January 24, 2010

**Session 1:** Check In: 7:30 am for Bantam and Schoolboy

**Session 2:** Check In: 11:30 am for Intermediate and Novice

## Entry Form

Please Read:

1. This Tournament is not recommended for Beginners.
2. This entry form is not valid unless it is handed in by a weigh – in sight coach.
3. Must bring to weigh – in: **A.** entry fee **B.** USA card **C.** copy of birth certificate **D.** proof of residence.

**Division:** \_\_\_\_\_

**Actual Weight** \_\_\_\_\_ **Weight Class** \_\_\_\_\_

**Name** \_\_\_\_\_

**USA Card #** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Year Born** \_\_\_\_\_ **Club/School** \_\_\_\_\_

**Phone #** \_\_\_\_\_

**Address** \_\_\_\_\_ **Town** \_\_\_\_\_

**Zip Code** \_\_\_\_\_

**Place at 2009 Nassau County Qualifier** \_\_\_\_\_ **2009 States** \_\_\_\_\_

Tournament Director: Mike Leonard ( 516) 297-3876

We, the parents/guardians of \_\_\_\_\_ assume full responsibility for our child in case of any injuries he or she may receive traveling to, during or traveling from the wrestling tournament held at WTC. Clarke H.S. on January 24, 2010 or associated registration and/or weigh – ins. This contest indicates that we will assume all responsibilities for accident insurance and will hold harmless the tournament officials, referees, volunteers, coaches, all members of the Rams Wrestling Club and the Esat Meadow I High School District and their agents.

**Parent/Guardian Signature** \_\_\_\_\_

Signature indicates permission to participate as well as acknowledgement of adequate medical coverage in case of injury.