



2010 Plainedge Summer Wrestling Tournament

Date: Sunday July 25th, 2010

Place: Plainedge Middle School, 200 Stewart Avenue, Bethpage, NY 11714-5341

Weigh-In: Sunday 7 to 8:30 am Satellite Weigh-ins available (must be approved in advance)
Wrestling Begins: 9:30 am

****SPECIAL CLINIC: 8:30 to 9:30 by Binghamton University Coach Dennis Papadatos**

Divisions (Grades as of September 2010):

Middle School: grades 7 & 8

High School: grades 9-12

Open: graduated high school as of June 2010

Format: High School: Flat weight

Middle and Open: Madison System - weight classes will be determined after weigh-in.

All wrestlers will get at least two matches.

Rules: Folkstyle - NY High School rules.

Bout Length: Middle School 1-1-1. High School & Open 1.5-1.5-1.5

Seeding: Wrestlers will be seeded based on known records and abilities

Awards: Medals awarded for 1st 2nd and 3rd place.

Entry Fees: \$25.00 if received by July 22, 2010.

Walk-in registration \$30.00 after July 22, 2010.

Make checks payable to: Plainedge Mat Power

Mail to: Ken Coder, 6 N. Wisconsin Ave., N. Massapequa, NY 11758

Information: Call Stephen Spurgeon (516) 987-3099 or email at sspurgeon@liquidmg.com

Concession: Good food will be available all day. Tournament T-Shirt will be available

Directions: Available at: www.plainedgematpower.com

2010 Plainedge Summer Wrestling Tournament

Please Print Clearly

Division _____ Phone () _____

Name _____ Age _____ on 7/22/10

Address _____

City _____ State _____ Zip _____

School or Club name _____

Record (09-10): Wins Losses Yrs Experience

Honors _____

For HS Division