

Empire State Games Trials

Finley Middle School, Huntington, NY

May 22nd & 23rd 2010

Weights:

Scholastic- 100, 108, 117, 125, 134, 145,
156, 167, 180, 194, 222, 277

(Weights are 2 lbs less at the Games)

Scholastic Age Group:

Must be 13 by April 30, 2010 and not turn 18 before
September 1, 2010. Minimum weight required: 88.1 lbs.

**Pre-registration Required - All competitors must pre-register online with the
Empire State Games for \$10 prior to 5PM Friday May 21. Registration will
be available starting April 1st at:**

<http://www.empirestategames.org/summer/tryouts/register.asp>

Saturday May 22nd – Freestyle - Scholastic

Weigh-Ins 7:00- 8:00

Wrestling starts approximately at 9:30 am

Sunday May 23rd – Greco - Scholastic

Weigh-Ins & 7:00- 8:00

Wrestling starts approximately at 9:30 am

Uniform: Red and Blue singlet or Red/Blue reversible

Directions: <http://www.sectionxi.org/map/HUNT.asp>

*If you qualify for the New York State National team and cannot
make the trip to Buffalo for the Games (July 21-24) Please do
not attend this qualifier.*

For additional information contact Lance Banfi (631) 873-7938 or KC Beach (631) 365-1061