

*Nassau Community College*  
*Wrestling*

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***50 Years***  
***of***  
***Excellence***

***4 National Champions***

***2 National Dual Meet Championships***

***8 NJCAA Individual Champion***

***86 NJCAA All Americans***

## History of NCC Wrestling

This will be the 50th year of wrestling at Nassau Community College, it was one of the first sports at Nassau Community College. In those fifty years the wrestling program has won 4 NJCAA National Team Championships, 2 National Dual Meet Championships, 6 Regional Championships and 12 Mid Atlantic Championships (eight in a row), 8 Individual National Champions and 86 NJCAA All Americans. The program has had five coaches in the past 50 years Paul Bedell 1960-1962, Dan Dunning 1962-1966, Bob Christina 66-69, Chuck Henke 1970-1996 and Paul Schmidt 1996-present. They have also had some prominent assistant coaches over the years Larry DellaQuilla, Hank Carpenter, Paul Gillespie, Sam Thomas, Chris Edmond (NCAA Champion) and Vougar Oroudjov (World Champion).

Many former Nassau wrestlers also went on to achieve success at the next level. Willie Gadsen, Nassau's only two time National Champion was an NCAA Div1 All American at Iowa State University, Chris Weidman a two time NJCAA All American, twice earned All American honors for Hofstra University, while Artie Weidler (Brockport) and Mike Wilcox (Del Valley) became Div 3 National Champions at their intuitions. Another former Nassau wrestler, Coach Don Murray, distinguished himself as one of the best coaches in the country by winning five NCAA Div 3 National Championships.

This year will be a little more difficult for Nassau to win a National Championship since both the non scholarship and scholarship division in the NJCAA have combined. Even though the wrestlers have competed for National Championships and All American honors over the years against the NJCAA Div 1 athletes, the chance for a team title has become tougher. Just like any other year this year looks just as promising. The quality of the incoming freshman to go along with last year's returning starters has the Nassau team once again will looking to win the National Championship.

The schedule will be the most competitive and challenging: the Lions will compete against mostly four-year schools at tournaments such as the East Stroudsburg Open, Penn State Open, Wilkes Open, Virginia Duals, Millersville Invitational and the NYS Championships before they defend their Mid Atlantic Championship.

# **Coaching Staff**

The coaching staff has been basically together for the last 14 years with Coach Paul Schmidt, Coach Chris Edmond, Coach Vougar Orounjov, Coach Sam Thomas and just recently Coach Tyshawn Scarlett. In those 14 years together Nassau CC has won Four NJCAA National Championships (2003, 2004, 2008,2009), Two National Dual Meet Championships (2004 and 2005) and Eight consecutive Mid Atlantic Championships. This Nassau coaching staff have coached five individual NJCAA National Champions and Sixty NJCAA All Americans.

## **2010-2011Team**

Many think this is the best team ever at Nassau, the combination of the second year wrestlers, along with a few transfers and a talented freshman class could be something very special. This was acknowledged by the other NJCAA coaches when the first NJCAA rankings came out. Nassau is being projected as the top ranked team in the country with nine out of ten Nassau wrestlers ranked. Even though the rankings projected many Nassau CC wrestlers in the top eight nationally, they still will be challenged for a starting spot by their teammates, since there's quite a bit of depth in the wrestling room.

# Nassau CC Roster 2010/2011

<b>Last</b>	<b>First</b>	<b>Weight</b>	
Argueta	Joseph	125	
Edwards	Isiah	125	
Garofalo	Mike	125	3X Virginia State Champion, Sr. National Champion
Murray	Jonathan	125	NWCA All American
Nawn	Hugh	125	
Pereira	Francisco	125	
Cadet	Emanuel	125	
Paez	Hector	133	
Alvarez	Robert	133	
Laraia	Taylor	133	2nd NYS, Section 9 Champion
McCormack	Ryan	133	
Miller	John	133	
Trujillo	Louis	133	4X New Mexico State Champion, 3x National Champion
Hermes	Gildazio	141	
Hogan	Gabreil	141	
Kelly	Matt	141	
Maldarelli	Brian	141	
Maldarelli	Mac	141	Section 8 champion
Marino	Mike	141	
Rojas	Stephen	141	
Silvestri	Kodie	141	3rd NJCAA, 4th High School Nationals, 3rd NJCAA
Kim	Jason	141	
Lalavanja	Mike	141	
Barrere	Steve	149	
Delgado	Kyle	149	
Rivera	Johans	149	
Hammond	Rajonie	149	
Troy	Robert	149	3rd NYS State, NJCAA All American
Hill	Malik	157	
Rodriguez	Andy	157	2X NYS Champion, 4th Sr. Nationals
Bonnette	Billy	157	
Herold	Brian	157	2nd NYS, 7th Sr. Nationals
Halideo	Devendia	157	
Wade	Lance	165	2x NYS Finalist, NYS Champion
Doliscar	Jules	174	NJCAA All American
Fox	Ryan	174	
Braun	George	184	
Lupi	Anthony	184	
Sylvester	Ajith	184	
Hermida	Frank	184	

Ferraiolo	Brian	184	
Farrell	Miles	197	
Brooks	William	197	
DelResse	Musa	197	
Agu	David	285	3rd NYS
Ezago	Christopher	285	
Folk-Freund	Kyle	285	
Luidg	Mike	285	
Mudassar	Yaseen	285	
Vazquez	Kirk	285	
Bodden	Leon	285	

Nassau Community College Wrestling Schedule 2010-2011				
<b>December</b>				
11	(Sat)	Long Island Open- Takedown for Cancer	NCC	10:00AM
28	(Mon)	Wilkes University Open	Wilkes Barre, PA	10:00AM
<b>January</b>				
7,8	(Fri/Sat)	Virginia Duals	Hampton, VA	10:00AM
16	Sunday	Shorty Hitchcock Memorial Tournament	Lancaster, PA	09:00am
22,23	(Fri/Sat)	NYS Collegiate Championships	Binghamton, NY	10:00AM
28	Fri	Gloucester Community College	@ Gloucester, NJ	7:00pm
29	(Sat)	Navy JV Dual	Annapolis, MD	1:00PM
<b>February</b>				
5	Saturday	Army Prep	Ft Monmouth, NJ	10:00am
14	(Sun)	Mid-Atlantic Championships (@ Gloucester CC)	Sewell, NJ	10:00AM
25-27	(Thurs-Sat)	NJCAA (Div. III) National Tournament	Des Moines, IA	10:00AM