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## **U.S. OLYMPIAN KEN CHERTOW TO HOLD WEEKEND WARRIOR CAMP IN NEW YORK.**

***Weekend Warrior Camp Provides Safe, Personalized Instruction***

STATE COLLEGE, Pa., - Ken Chertow Wrestling, the nation's largest wrestling camp system, will host two and three day camps across the nation this fall. We will be in New Rochelle, New York at Iona Prep October 10 – 12.

The Weekend Warrior Camp provides wrestlers with personalized instruction and training and is designed for dedicated boys and girls ages 6 -18. This is an ideal opportunity for wrestlers to learn the skills necessary to help them reach their highest goals. Both one and two day camp options are also available.

The camp is owned and coached by Ken Chertow, a 3-time NCAA All-American at Penn State University and United States Olympian. Chertow, who has been teaching and coaching wrestling for more than 20 years, including coaching stints at both Penn State and Ohio State Universities, has seen his campers succeed at the state, national and world level. Chertow's camps have helped produce more than 500 state champions from 1998-2008. Chertow's focus is helping kids grow into successful student-athletes with a passion for wrestling and personal achievement.

To schedule an interview with Ken or a tour of the Weekend Warrior camp, please feel free to contact Tom Tyler by email: [Tom@kenchertow.com](mailto:Tom@kenchertow.com) or phone: 814-466-3466.

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# Ken Chertow's Gold Medal Wrestling

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