

Registration (Please print)

Camp is open to any and all entrants

Camper Name _____

Birthdate _____ Weight _____

Parent/Guardian Name _____

Address _____

City _____ State _____ Zip _____

Phone Number (H) _____

Cell Number _____

E-mail _____

Grade Entering _____ Years of Experience _____

Insurance Type and Policy # _____

High School/Team _____

Coach _____

Address/E-mail _____

Enrollment Tuition

- Resident - \$325
- Commuter - \$225
- Commuter plus meals - \$275

Parental hold harmless statement

I agree not to hold the directors, staff, clinicians of the Pop's Athletics Wrestling Camp, Pops Athletics, LLC, Binghamton University, or anyone associated with the camp, responsible or liable for any accident, medical, dental, or any other expense incurred as a result of my child's participation at the camp from August 1-4, 2011. In case of injury, you have my permission to administer first aid or take him/her to a doctor or hospital to be treated.

Signature _____ Date _____

Please send a \$100 non-refundable money order only made out to: *Pop's Athletics*.

Mail the registration and deposit to:

Pat Popolizio (wrestling)
PO Box 6000
Binghamton, NY 13902

Sorry no refunds!

Pat Popolizio (wrestling)
PO Box 6000
Binghamton, New York 13902



*Scrapping
and scrambling your
way to the top*



Binghamton, New York

August 1-4, 2011



Featuring

Binghamton Head Coach

Pat Popolizio

Binghamton Head Assistant Coach

Dennis Papadatos

Binghamton Assistant Coach

Jasen Borshoff

Binghamton Volunteer Assistant Coach

Andy Seras

Technique and Live Wrestling Camp

Resident-\$325 - Commuter-\$225

Commuter with Meals-\$275

Ratio 10 to 1 Campers to Counselors

Sponsored by Pops Athletics, LLC

2011 Pop's Athletics Clinicians



Pat Popolizio

- Head Coach, Binghamton University
- Coached Binghamton University to a 21st finish at the 2010 NCAA championships
- 2010 CAA Coach of the Year
- Has coached 10 NCAA qualifiers and two All-Americans



Dennis Papadatos

- Head Assistant Coach, Binghamton University since 2006
- Former Assistant Coach at Northern Illinois State and Hofstra
- Two-time NCAA Division I qualifier for Hofstra



Jasen Borshoff

- Assistant Coach, Binghamton University
- Four-year starter for American University
- Four-time EIWA place finisher
- Two-time Academic All-American

- National Qualifier

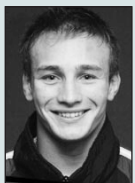


Andy Seras

- Volunteer Assistant Coach, Binghamton University
- 2006 US Greco-Roman Team Coach
- 2004 Olympic Greco-Roman Coach

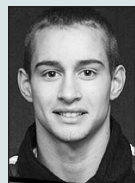
- Head Coach, Sacred Heart University: 2002-2007
- Four-time Conference Champion – University at Albany

2011 Pop's Athletics Counselors



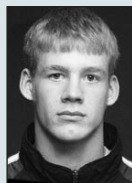
Donnie Vinson

2010 NCAA Qualifier
2010 CAA Rookie of the Year
8th-place finish in 2009 Greco World Championships



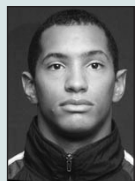
Justin Lister

2010 NCAA All-American
2010 CAA Champion
2010 CAA Wrestler of the Year



Nate Schiedel

2010 NCAA Qualifier
2010 CAA Champion
NYS Champion



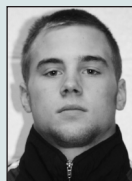
Anwar Goeres

2010 NCAA Qualifier
2010 CAA Champion
NYS Champion



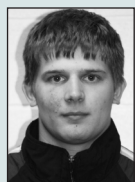
Matt Kaylor

2010 NCAA Qualifier
2010 All-Conference



Nick Meinsen

2010 NYS Champ



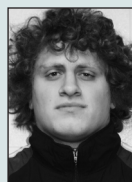
Tyler Beckwith

Two-time NYS Champ
NYS OW
Four-time High School National Champ



Danny Riggi

Four-time NYS Qualifier
177 High School Wins



Lance Moore

2010 NYS Champ
National High School Runner UP

Also scheduled to appear as counselors are
John Paris, Cody Reed, James Inghram, Mike McKeever



For more information
(607) 372-4118

ppopoliz@binghamton.edu
www.bubearcats.com/camps/index.html

Camp Schedule

Monday, August 1

5:30 p.m.–6:30 p.m. Registration
(west gym Binghamton University)



Daily Camp Schedule

6:30 a.m.–7:15 a.m. – Optional run

7:30 a.m.–8:15 a.m. – Breakfast

9:00 a.m.–11:00 a.m. – Technique

11:30 a.m.–12:00 p.m. – Lunch

1:30 p.m.–3:15 p.m. – Live wrestling

5:00 p.m.–6:00 p.m. – Dinner

7:00 p.m.–8:45 p.m. – Technique, Drill, Lift

10:30 p.m. – Lights out!

Camp will end Thursday after the Live Wrestling session



Camp Philosophy

Pursuit of excellence on and off the mat!

Coach Popolizio is dedicated to promoting excellence in character and performance on the mat, while stressing the importance of learning life-skills off the mat. This camp will give wrestlers and coaches an opportunity to gain valuable insight on what it takes to be successful at the highest levels of wrestling in high school and college from clinicians who have lived it! The clinicians were chosen for this camp specifically for two reasons: character, and their ability to teach technique successfully to wrestlers at all levels of wrestling. What makes this camp unique? The clinicians will be evaluating each team's performance during the live practices and using the third technique session of the day to show technique that will directly impact the training of each wrestler's specific needs. This allows wrestlers and coaches the ability to make instant improvements in needed areas on and off the mat. Weight training, nutrition, learning how to peak, goal-setting, conditioning, mental-toughness, situational wrestling, and character will all be facets of training taking place at the camp. We believe that every link in a chain is important, so every individual is viewed as a valuable member of our camp. Come and find out for yourself!

