

**HOFSTRA**

**“SUMMER HEAT TRAINING  
CAMP”**



**WRESTLING CAMP**

**JULY 24<sup>TH</sup> - JULY 27<sup>TH</sup>**

This is a commuter camp for those athletes who are looking to improve their wrestling skills, knowledge, and training. All technique and training sessions will be led by The Hofstra Wrestling staff and wrestlers.

This camp is open to any and all entrants grades 1<sup>ST</sup> -12<sup>TH</sup>.

**COST:**

\$195 For all walk ins

\$175 If pre-registered

**Group and team discounts available**  
(Deadline for pre-registration is June 30<sup>th</sup>)

**Make Checks Payable to:**

Blue & Gold RTC

**QUESTIONS CONTACT:**

Mike Patrovich  
631-300-7677

barnbrotherswrestling@gmail.com

**TENTATIVE CAMP SCHEDULE**

9:45am-10:00am  
Check-In/Registration

10:00am – 11:30am  
Technique session I and Live Wrestling

11:30am – 12:00pm Lunch  
(Bring your own lunch!)  
Pizza, snacks and drinks available for sale)

12:00-12:30  
Camp Competition/Strength & Conditioning

12:30pm – 2:00pm  
Technique session II and Live Wrestling



**CAMP TO BE HELD AT:**

**HOFSTRA UNIVERSITY**

**WRESTLING ROOM**

243 Physical Education Building

230 Hofstra University

Hempstead, NY 11549

**Camp Organizers/Clinicians**

**Dennis Papadatos- Head Wrestling  
Coach at Hofstra**

- 4 Year Starter at Hofstra University
- Conference Champion for Hofstra
- Won over 100 College Matches
- 3X Academic All-American
- 15 plus years Division I coaching experience

**Mike Patrovich-Asst. Wrestling  
Coach at Hofstra**

- High School National Champion
- 2X All-American/1X Round of 12 at NCAA Tournament
- 4 NCAA Qualifier for Hofstra University
- 2X Finalist and 1X NY State Champion
- Runs Barn Brothers Club

**Jake Patacsil – Assistant Coach  
at Hofstra**

- NCAA All-American
- 3X NCAA Qualifier for Purdue University
- 5 Time Midlands Finalist
- Midlands Champion
- Florida State Champion
- 

**Michael Hughes  
Hofstra All American**

- 2018 NCAA All-American
- Over 100 career wins
- Most pins in the country 2018
- 2X NCAA qualifier
- 3X All-conference
- High school NYS Champion and National Champion

**Also Featuring:**

- Hofstra Wrestlers



**REGISTRATION FORM AND WAIVER**

**T-SHIRT SIZE** (CIRCLE ONE)

XXL XL L M S

(YOUTH) YXL YL YM YS

**WRESTLER INFO**

Name \_\_\_\_\_

Grade \_\_\_\_\_ Weight \_\_\_\_\_

Club/School \_\_\_\_\_

Email \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Cell ( ) \_\_\_\_\_

Address \_\_\_\_\_

**Emergency Contact**

Name \_\_\_\_\_ Cell ( ) \_\_\_\_\_

**Allergies/health concerns**

**Parent/Guardian Waiver and Release Form**

*You agree that you are aware that the child named on this form will be engaged in physical exercise involving various sports, coordination events, and general fitness training which could cause injury, illness or various skin infections. You understand that the child is voluntarily participating in these activities and is assuming all risks of injury, illness or skin infection that may result from engaging in any practice, exercise or sport related event including tripping, slipping, falling, colliding with another individual or object on or off the training area. You hereby agree to waive any claims or rights that you might otherwise have to sue our school district, club, employees, owners, officers, or agents for any injury, illness, or skin infection that may occur. You understand that we will make no evaluation or recommendation as to whether or not the child is capable or deemed physically fit to engage in any activity. If the child has any physical or mental condition that may impair his or her ability to engage in any of the camp activities, practices or exercises, it is your responsibility to obtain a physicians release statement . It is recommended you*

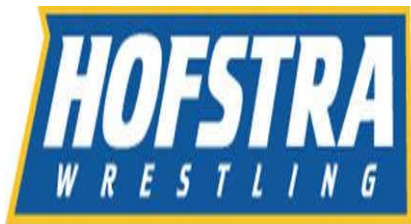
*consult a physician prior to your child's participating in any practice, physical exercise or camp activity*

**PARENT SIGNATURE** \_\_\_\_\_

(Tear of and return with payment)

**WHY YOU SHOULD CHOOSE HOFSTRA  
"SUMMER HEAT TRAINING CAMP" AT  
HOFSTRA UNIVERSITY**

- 8 Technique and live wrestling sessions with the top coaches on LI
- Prepare for the "SUMMER HEAT" Tournament held at Hofstra on July 29<sup>th</sup>
- Camp T-Shirt with registration
- Athletic Trainer on staff during all sessions to address all safety concerns
- Individual attention in small group setting with Division 1 Coaches
- Michael Hughes and Hofstra Coaches will do a 30 minute Q & A session about the college experience/process for parents and wrestlers
- Spring and Summer Wrestlers Make Winter Champions!!!



JULY 24<sup>TH</sup> – JULY 27



**"SUMMER HEAT TRAINING CAMP"**

**WRESTLING CAMP @ HOFSTRA UNIVERSITY**